

## Our Philosophy

The provision of support services is based on the following beliefs:

- Each individual is a unique adult and is deserving of respect and dignity.
- Support should be flexible, individualized and reflective of choices, abilities and existing support networks.
- Choice often involves some elements of risk. Where possible, individuals will be permitted to experience the result of their choices to the extent that they are able.
- Independence is a dynamic process of accessing people and services as challenges and successes change.
- We rigorously promote the rights of the individual and promote recognition of acquired brain injury and how it affects individuals and families through ongoing advocacy and public education.

## Vision Statement

To lead in the field of acquired brain injury rehabilitation, providing advocacy for successful re-entry into the community.

## Contact Us



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### ACCESSIBLE FORMATS & COMMUNICATION SUPPORTS

Special accessibility accommodations and materials in alternate formats can be arranged by contacting Brain Injury Community Re-entry (Niagara) Inc. at 905-687-6788 ext. 663 or [www.bicr.org](http://www.bicr.org).

#### Disclaimer:

Brain Injury Community Re-Entry (Niagara) Inc. acknowledges funding support for many of our programs and services from the Ontario West HNHB and the government of Ontario.

The views expressed in this publication are the views of Brain Injury Community Re-Entry (Niagara) Inc. and do not necessarily reflect those of the Ontario West HNHB or the government of Ontario.

BICR Publication - Created 6/5/2008 - Revised 11/03/2023

## BRAIN INJURY COMMUNITY RE-ENTRY (NIAGARA) INC.



WHAT YOU NEED TO KNOW  
ABOUT OUTBREAKS

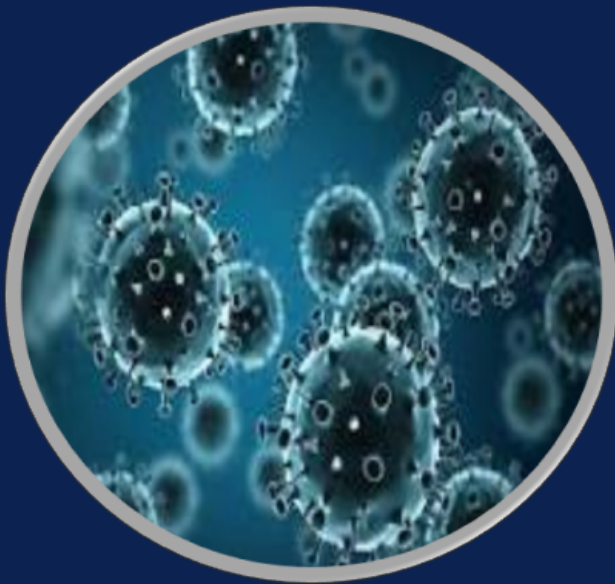
Turning the key to  
opportunity in Niagara  
since 1988

## What is an Outbreak

Outbreaks occur when more than the usual number of people that live or work at a residence are sick with similar symptoms.

There are two common types of outbreaks that occur:

- 1 Upper Respiratory Infections referred to as URI (chest infections).
- 2 Gastrointestinal or Enteric Infections (vomiting and/ or diarrhea).



## What Happens During an Outbreak?

When a residential site has an outbreak certain control measures will be put into place to decrease the spread of illness to other participants and staff such as:

- Keeping sick participants in their rooms and other participants that are not sick away from these areas when possible.
- No group activities within the site.
- Increased cleaning within the home.
- The use of Personal Protective Equipment.
- Limited visitors.

### WHAT ELSE CAN YOU DO TO PREVENT ILLNESS IN THE RESIDENCES?

- Stay at home if you feel sick.
- Clean your hands before entering and exiting the building and before and after visiting your family member.
- Get your Flu Shot every year. If you are protected from the flu you can't pass it on to loved ones.

## You are an Important Part in Keeping Everyone Well

Outbreaks in Residential Services disrupt the lives of the people living there, the people working there, and visitors. The infection control measures are put into place to prevent the spread of the illness, especially among the participants who may be at risk of getting sick. If we can control the spread of the illness the outbreak will be over sooner.

Let's all work together to keep everyone healthy.

If you have more questions about outbreaks in BICR Residential Programs please talk to the staff or call the main office and speak with one of the Residential Program Managers.

Public Health Agency of Canada  
Toll-free: 1-844-280-5020  
Website: [www.phac-aspc.gc.ca](http://www.phac-aspc.gc.ca)